





Iliya Trading Company

Iliya Trading Company obtains its raw materials from the best orchards with the highest quality fruits and produces dried fruits using a fully automatic production line and under the supervision of industrial and nutrition experts observing international standards. Using selected raw materials and fruits and the latest method of dried fruits production, Iliya Trading Company products are ranked high in the market compared to its competitors, and having a high percentage of the market share along with maximum satisfaction of customers.





Types of dried fruits

Pistachio

Pistachio is a tasty nut and rich in a variety of vitamins. Due to its polyunsaturated fats, this product is very valuable for cardio-vascular health as one of the most nutritious snacks for all ages and people; therefore, its daily consumption is recommended by physicians. Besides, it is used in the preparation of chocolate, sweets, dessert, and salami. The company offers pistachios in a variety of derivatives and arrangements, like raw, and unshelled, popped, salty, slices, powder, and butter.

Types of Pistachios:

- Jumbo Pistachio (Kaleh ghochi)
- Round Pistachio (Fandoghi)
- Open-mouth pistachios
 - Semi-long pistachio (Badami)
 - And so on.





Walnut

This delicious and pleasant nut is a rich source of vitamin B6, therefore it is effective for improving the function and health of the immune and nervous system, to such an extent that its daily consumption is recommended for all ages. This type of nut is commonly used to prepare a variety of cakes, sweets, salads, and foods. The color of walnut is a decisive factor in pricing and determining function, in other words, the paler the walnut, the higher the price. The dark ones are used for cooking purposes. Walnut is used in the preparation of confectionery and different types of food in two forms namely shelled and unshelled by Iliya Trading Company.





Hazelnut

One of the most popular nuts in the world is hazelnut, which due to having a considerable amount of iron is very beneficial for the function of the muscles; therefore, its daily consumption is recommended for athletes and heart patients. The most popular and consumed ingredient of chocolates all over the world is hazelnut. It is supplied in raw and roasted form as well as powder and butter by Iliya trading company.





Almonds

Almonds are rich in vitamins, and their daily consumption causes weight loss, blood sugar control, and skin and hair wellbeing. Almonds are used both in cake and sweet production and medical and preparation of a variety of perfumes, lotions, and other skin and hair protection products. It is available in two sweet and bitter flavors, and the company offers a variety of almonds in different forms like shelled, unshelled, raw, toasted, sliced, powdered, and butter.





Peanuts

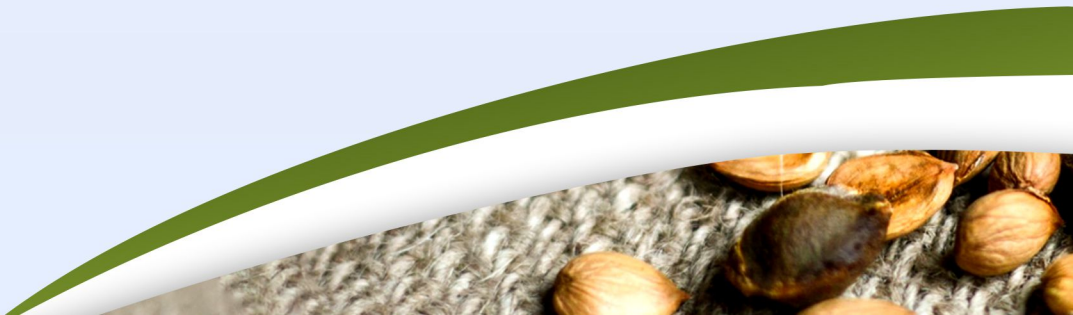
Peanuts, one of the types of nuts that due to their delicious taste is very popular all over the world. This type of nut is rich in antioxidants; and is highly recommended for Alzheimer's disease prevention, fighting depression, and healthiness of the nervous system. Peanuts are used in the preparation of chocolate and snacks, but peanut butter is the most well-known and famous form with global popularity. The company offers nuts in two categories of shelled, and un-shelled, in the form of raw, roasted, and butter.





Apricot kernel

It is rich in vitamins including B and C, and is a rich source of β -Carotene. According to the latest medical findings, it has a significant effect on the prevention and treatment of breast cancer; and it is recommended for these patients to consume it on a daily basis. Besides, it is offered in both raw and stocked by Iliya Trading Company.





Dry figs

Dried figs have amazing characteristics, to name a few, being a rich source of vitamins and antioxidants, and it is recommended to prevent bowel cancer, anemia, and bone strengthening. Figs come in two types of black and green, the green type is also known as white fig; and it is used to prepare dried figs of the green or white fig which have two types. The following type is:

- Dried total figs
- Dried threaded figs





Different types of seeds

The seed kernel is rich in selenium and magnesium; and its daily consumption is recommended to relieve hair loss, joint pain, and cardiovascular diseases and improve thyroid function. The types of seeds produced in Iliya Trading Company are shelled, unshelled, raw, and roasted with salt or Persian hogweed (golpar). Among the types of this product, the following could be mentioned:

- Black sunflower seeds
- White striped sunflower seeds
- Persian Jabani seeds
- Pumpkin seeds
- Watermelon seeds





Leblebi

Cooked and dried chick peas are used under the name of Leblebi in nuts and dried fruits; they are a rich source of folic acid, calcium, and zinc, and are highly recommended for cardio-vascular health and the prevention of liver diseases. Leblebi is a product offered by Iliya Trading Company in the form of raw, roasted, and double-roasted, with different coatings including salt, sugar, chocolate, and vanilla.





Types of raisins and zante currants

Raisins are the result of drying grapes in traditional and industrial ways that are rich in iron, calcium, magnesium, and vitamins of the B family; besides, they are very useful for preventing blood pressure, osteoporosis and anemia; they are used in the preparation of cakes, sweets, and rice.

Types of Raisins:

- Green Raisins
- Golden Raisins
- Acidic Raisins
- Pilaf raisins
- Zante currants





Types of dried apricots and sweet dried apricots (Gheysi)

The dried apricots which are dried industrially are the same dried fruits that are produced traditionally. These products have all the properties of fresh fruits, therefore, in seasons and when access to fresh fruit is difficult or impossible, it is a suitable alternative, as their use has been very common since old times. One of the oldest types of dried apricots is a special type called Gheysi. It is known as a type of sweet and fleshy dried apricot. Both Types are produced using apricot fruit, but the dried apricots are a little drier and stiffer while the sweet dried apricot (Gheysi) are a little juicier and softer. This product is used for cooking a diverse range of stews and thick soups. It is worth mentioning that sometimes, special materials such as sulfur are used in its production in order to preserve the color and texture of the apricot fruit.

- Dried Sour Apricot
- Dried Red and White Peach
- Dried Sweet Organic and sun-dried Apricot
- Sulfured Dried Apricot
- Acidic Apricot
- And so on.





Types of dried fruit cubes and chips

Dried fruits are as rich in vitamins, antioxidants, and minerals as fresh fruits and are among the most popular and healthy snacks which are commonly used all around the world. Today, with the help of industrial facilities and mechanized machinery, it is possible to prepare dried fruit chips and cubes of all types of fresh fruit, which are also known as fruit chips; moreover, it is possible to be offered and produced in simple or flavored taste.

Different types of dried fruit cubes and chips:

- Dried Kiwi Cubes and Chips
- Dried mango Cubes and chips
- Dried banana Cubes and chips
- Dried Cucumber Chips
- Dried Tomato Chips
- Dried orange Chips
- And so on.





Types of plums and greengages

Dried Plums and greengages are considered dried fruits and like fresh fruits are rich in vitamins C and A; in addition to being recommended for preventing cancer, and improving digestive function. Greengage is smaller than plum, but unlike plum which is used in cooking, greengage is often served with the kernel as snacks. Types of plums and greengages are:

- Black Plum
- Yellow plums or drops of gold
- Wild plum
- Wild greengages
- Red Plums





Dried berries

Dried berries generally come in two types of white and red, white mulberry is used to prepare dried berries. Dried berries are rich in antioxidants and are recommended for the health of the liver, and kidney; in addition to respiratory disorders improvement. Dried berries are not only a nutritious meal but also a very good alternative to sugar and chocolate which is especially beneficial for people who are diagnosed with obesity and diabetes.





Dates

One of the oldest fruits that its dry and non-sap type is placed in the category of dried fruits. This product is rich in carbohydrates and antioxidants; recommended to prevent anemia, gastrointestinal cancer, and sexual disorders improvement. Dates are commonly used in the preparation of cakes, sweets, and cooking a variety of foods. The following types can be presented:

- Yellow Dates
- Light brown dates
- Dark Brown Dates (Black)



Dried jujube

This product, like its fresh fruit, has special properties; and due to its high fiber content, it is recommended for blood purification and cholesterol reduction. Although dried jujube is considered dried fruit, it is used in the preparation of a diverse range of tea. But its main use is in the medical field and the preparation of sedatives, anesthesia, hypoglycemia, and blood lipids.






Dried Barberry

This product comes with unique properties with a significant effect on reducing blood sugar, and blood lipids and treatment of infection and inflammation.

This product can be mentioned as follows:

- Dried Red Barberry
- Dried Black Barberry





Oleaster fruit



Oleaster fruit, commonly known as Russian olive, silver berry, or wild olive is rich in B vitamins and very strong in the production of collagen and cartilage. Therefore, it is highly recommended for the treatment of skin and bone diseases. Silver berry is a suitable source of sugar for athletes and is also a good alternative to industrial sugar. The Oleaster fruit could be supplied in non-powdered or powdered forms.





Dried pomegranate seeds

Dried pomegranate has all the properties of fresh pomegranate and is recommended for blood purification and improvement of liver function. Dried pomegranate seeds are vastly used in the seasoning and flavoring of a variety of foods and beverages.





Hemp seeds

This product has amazing medicinal properties and is highly recommended for hormonal balance and immune system enhancement. Hemp seeds is used in the preparation of salads, pieces of bread, and cooking oils and can be supplied both raw and roasted.





Sesame

Sesame is one of the healthiest fats with a significant effect on skin and hair wellbeing and is used in confectioneries and the preparation of pieces of bread, and salads. Because of having a high amount of oil, sesame oil is one of the best and healthiest oils for cooking recommended by nutrition experts.

Types of Sesame:

- White Sesame**
- Yellow Sesame**
- Black Sesame**





Packaging

To preserve the freshness, flavor, and aroma of the products, all of them are packaged in cardboard boxes weighing 2 to 3 kilograms with plastic coating. Moreover, for sale in bulk, Shashin Trading Company packages its products in bags of 15 to 20 kilograms; besides, custom-made packaging is possible too. After that, the company stocks its products in warehouses equipped with high-tech facilities until the due date of shipment.

